



LUMBA INFO

The Monthly Newsletter Of LUMBADIVE, Tyrrel Bay, Carriacou, Grenada, W.I.

Recent News

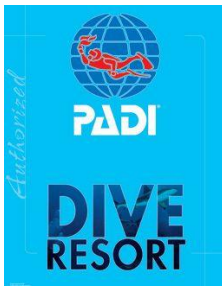
NEW ADMINISTRATION

Last December, the well known and appreciate Jean-Phillipe Neidergand sold his business to four (4) French Canadians; Richard Laflamme PADI Master Instructor, Diane Martino PADI Assistant Instructor, Sylvain Laroche PADI MSDT Instructor and Johanne Dandurand PADI Dive Master. You will find the same VIP service, friendly welcome, in French or English.

HAPPY NEW YEAR

LUMBADIVE new administration sends out best wishes to all friend divers for 2010. We've got lots planned for the coming year including FAM trip, accommodation and diving packages, day trip to Ile La Ronde and much more.

AUTHORIZED PADI RESORT



In December, following Mike Kurczewski, PADI Regional Manager visit, we receive our Dive Resort status. This means that we are held to a higher standard of service than before and that those looking for a quality dive operation can find it at LUMBADIVE.

DIVING PROMOTIONS

January 2010 Special;
Reserve a 7 days package and get a free dive. Package includes accommodation, airport /hotel /dive center transfer and 10 dives. Contact us for more details at reservations@lumbadive.com

Organize a group of 8 and more and get one free diving and logging accommodation. Contact us for conditions or visit our website: <http://www.lumbadive.net>.

Sylvain's Tips



There are very few more frustrating occurrences in scuba diving as having to abort the dive due to lack of air, while everybody else is still having fun down there. Being able to save air as you dive is one of the most important steps to become a good diver. Here are some tips that can help us improve our diving skills:

1. Proper Weighting

Do not carry extra weight. Simple buoyancy check before diving with a new gear, at a new area, or after a long time without diving should help. Look for next month best buoyancy check tip.



2. **Buoyancy** Try to achieve and maintain neutral buoyancy.

3. **Move Slowly** You use up energy and air a lot quicker, and probably scare marine creatures if you move too fast.

4. **Avoid Using Your Arms.** Use your hands for signaling, snapping photos rather than swimming.

5. **Streamline.** Keep all hoses secured, arms tucked, and try to swim as horizontal as possible.

6. **Breathing** Don't skip a breath. Breathe at the same tempo, long inhalations and exhalations. Stop 3 to 4 times during the dive for a few seconds holding on your buddy or laying on the sand, close your eyes and listen to your breath.

7. **Use Familiar Equipment** To be more relaxed and feel in control, buy your own equipment.

8. **Relax** Some newbie diver have a natural fear when diving. The more you dive the more confidence you gain, and the more you realize there's nothing to it.

9. **Practice** It all comes down to it. The more you dive the better you get.

10. **Dive Shallow** If you still use up air a lot quicker than your buddies, dive slightly shallower, where the air you breathe is less dense and allows you to dive longer.

NEXT COMING TOPICS

- Buoyancy - Feed or not feed fish?
- Mask fogging - Dive Computer
- Beach Clean-up - Digital Photography

Carriacou Activities

SIOBMPA

Coming up in 2010, the new legislation of the Sandy Island Oyster Bed Marine Park Area (SIOMBPA). The mission of the SIOBMPA is to protect the untouched reefs, the mangrove and island erosion.

BEACH CLEAN-UP

Using the ocean as a trash can brings pollution and put the fish in danger. Lot of turtles died every year because they eat a plastic bag thinking it is a jelly fish.

Be smart and throw away your garbage in the appropriate places. By doing so, you will protect the reef, and the fish.

This is a day to day accomplishment you can achieve. Help us to keep the island clean, in and outside the water.



KIDO

Marina and Dario from the Kido Foundation have again this month salvage turtles. Over 270 species have been tag, measured, pictured and release.

Kido foundation buy turtles caught into fisherman nets.

Buy a sweater and contribute to save our endangered turtles.



REGETTA

Jean-Baptiste Bocquel joined the Grenada Sailing Team on the Category-5 sail boat. Together they won the 3 days regatta held January 16th to 18th inclusively. Congratulations to all participants.

LINKS

- [CARRIACOU TOURISM](#)
- [GRENADA TOURISM \(CANADA\)](#)
- [GRENADA TOURISM \(USA\)](#)